

Great Plains Zen Center * Registration Form

Summer Intensive, 2011 & 7-Day Sesshin

To register online, go to greatplainszen.org

<u>Summer Intensive Fees:</u>	<u>Non-members</u>	<u>GPZC members</u>
Entire Summer Intensive Practice Period (6/20 -7/14)	\$ 600	\$ 540
Each Module (see dates below)	\$ 180	\$ 150
Daily Rate (includes regular and special events that day)	\$ 50	\$ 40

Note: Participants are welcome to arrive the evening before any registered date. The fifth day of each module has a partial day schedule. **All other days include a full schedule of zazen (Zen meditation), services, work and vegetarian meals.** Special events during each module are listed below.

* For all following events, Oryoki (formal 3-bowl meals) is a vital part of our practice; an Oryoki set is required for formal meals.

Please check one of the following (and include rental or purchase cost with your registration fee):

I will bring my own oryoki set

I would like to rent an oryoki set (\$5)

I would like to purchase an oryoki set (\$55) -complete set with bowls and cloths.

✓ Please check those dates you wish to attend – either full Module(s), or individual dates:

— Module I – June 20-24

— Monday, 6/20 – Yoga class with Cathy Hauck

— Tuesday, 6/21 – Second Harvest Community Service Project, Study class.

— Wednesday, 6/22 – yoga class with Cathy Hauck; 7 PM "Appreciate Your Life: Ongoing Practice; Everyday Practice; Everyday Koan," Rev. Elihu Genmyo Smith, Resident teacher, Prairie Zen Center

— Thursday, 6/23 – Study class

— Friday, 6/24 – Day of rest/optional schedule after breakfast.

— Module II – June 25 – 29

— Saturday, 6/25 – 10:30 AM **Walking the Buddha's Path to Recovery: The Precepts, 12 Steps, and Concepts of Living a Whole Life Through Recovery, Dr. David Kaiun Beighley, Beighley Consulting Associates, PLLC, Study class**

— Sunday, 6/26 – 2 PM **The Practice of Mindful Cooking, Matt Shingetsu Hellige, Tenzo (Head Cook), Great Plains Zen Center**

— Monday, 6/27 - Yoga class with Cathy Hauck

— Tuesday, 6/28 - Second Harvest Community Service Project, Study class

— Wednesday, 6/29 - Optional schedule after breakfast.

1:30 – 4:00 "Backyard stream health: 'chems, 'critters, and 'crobes". Field work with Dr. Jim Palmer in our nearby streams (limited to 15 participants)

7 PM "Creek Connections: Connecting Kids with Creeks" Dr. Jim Palmer, Professor of Environmental Science, Allegheny College, Project Director of Creek Connections

— Module III – June 30 – July 4

— Thursday, 6/30 – Study class;

7 PM **Following the Fragrant Grasses: A Zen Writing Workshop** Rev. John Gendo Wolff, Professor of Humanities, West Shore College

— Friday, 7/1 – yoga class with Cathy Hauck;

7PM "The writings of Zen Master Takuan", Dr. Dennis Lishka, Assistant Professor of Religious Studies, University of Wisconsin, Oshkosh

— Saturday, 7/2 – 10:30 **The Gate of Sweet Nectar Ceremony, Rev. Myoyu Andersen, Resident teacher, Great Plains Zen Center, Study class**

— Sunday, 7/3 – Study class

— Monday, 7/4 – Day of rest/optional schedule after breakfast. Happy Fourth of July!

Continued...

— **Module IV - July 5 - 9**

- Tuesday, 7/5 - Second Harvest Community Service Project
Study class
- Wednesday, 7/6 - Yoga class with Cathy Hauck
- Thursday, 7/7 - Study class
- Friday, 7/8 - Yoga class with Cathy Hauck;
7 PM "This is Your Brain on Meditation: Teaching the Science of Meditation's Impact on the Brain" Dr. Roc Ordman, Professor of Biochemistry, Beloit College
- Saturday, 7/9 - 10:30 AM "Reading and Being Read By Mahayana Sutras" Dr. Natalie Gummer, Associate Professor in the Religious Studies Program, Beloit College
8 PM Gate of Sweet Nectar Ceremony

— **Module V - July 10 - 14**

- Sunday, 7/10 - 2PM Dharma Talk by Rev. Tonen O'Connor, Resident priest, Milwaukee Zen Center
- Monday, 7/11 - Study class;
7PM "Enlightenment Isn't Something Terribly Holy." Rev. Zuiko Redding, Resident teacher, Cedar Rapids Zen Center
- Tuesday, 7/12 - Second Harvest Community Service Project, Study class
- Wednesday, 7/13 - Study class
- Thursday, 7/14 - Closing of Summer Intensive after breakfast.

Summer 7-Day Sesshin, 2011

(not part of the Summer Intensive- the following fees apply):

<u>Summer 7-Day Sesshin Fees:</u>	<u>Non-members</u>	<u>GPZC members</u>
Entire Sesshin (July 15-22)	\$ 350	\$ 280
Daily Rate (includes regular and special events that day)	\$ 50	\$ 40

— **Full Seven-Day Sesshin - July 15-22 Includes...**

- Friday, 7/15 - Fusatsu Ceremony (Renewal of Vows)
- Saturday, 7/16 - 10:30 AM: "The Vital Process of Going Beyond Buddha", from a writing by Dogen.
Rev. Taigen Dan Leighton, Guiding Dharma Teacher, Ancient Dragon Zen Gate

— **Part-Time Sesshin attendance [please list dates]:** _____

* * * * *

Name: _____

Address: _____

Phone Number: (_____) _____ E-mail Address: _____

Emergency Contact: Who? _____ Phone- _____

- Medical information (allergies; medications; chronic conditions; contact lenses; etc.):

- Please mention here any food restrictions/allergies, or special needs:

**Please send this form, and a minimum deposit of 50% (generally, \$35 is non-refundable) to:
Great Plains Zen Center • W7762 Falk Rd • Monroe, WI 53566**

To help us plan properly, please register at least 5 days prior to any event.

For further information, please contact G.P.Z.C. at (608) 325-6248) or gpzc@greatplainszen.org.

Total Amount Due: \$ _____

Total Amount Enclosed: \$ _____ (payable to Great Plains Zen Center; remainder is due upon arrival.